

TAM HELENSKE
Multimedia & Interdisciplinary Artist
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EDUCATION

2025

TeacherReady - the Educator Preparation Program of the University of West Florida's CAEP accredited Professional Education Unit, FL (Single Subject Art, ESOL, Reading Endorsement)

2019

Sacramento State University, Sacramento (CSUS), CA (MA Interdisciplinary Arts)

2016

Sacramento State University, Sacramento, CA (BA Studio Art, cum laude)

2014

American River College (ARC), Sacramento, CA (AAS General Science)

American River College, Sacramento, CA (AA Studio Art)

Cosumnes River College (CRC), Sacramento, CA (AAS Math and Science)

Cosumnes River College, Sacramento, CA (AA Arts and Humanities)

EDUCATIONAL TRAINING

2022-2023

CLARA E. Claire Raley Studios for the Performing Arts, *Teaching Artist Training Series*, Sacramento, CA

TEACHING ARTIST RESIDENCIES

2023

-*Mission to Mars*, 5th Grade STEAM Art Installation, Valley View Charter Montessori, Eldorado Hills, CA

-*Together We Are Empowered*, John D. Sloat SDC, TK-6th Grade Community Mural, Sacramento, CA

COLLEGE ACADEMIC AWARDS

2018

CSUS Increase Robinson Memorial Fellowship

2016

CSUS Calaveras Station Journal

CSUS Peggy Saunders Hall Memorial Scholarship

2014-2015

CSUS Raymond W. and Joyce Witt Scholarship

CSUS Awards Show, Undergraduate-Student category

CSUS University Art Product Award

CSUS Juanita and Jose Montoya Student Award

2013

CRC SACNAS Travel Scholarship

ARC AAUW Citrus Heights Branch Scholarship

ARC Robert Jensen Family Scholarship

2010

ARC SACNAS Travel Scholarship

CRC Mesa Directors' Scholar Award

CRC MESA Leadership Engineering Award

ACADEMIC ACHIEVEMENTS

2018-2019

CSUS Graduate Art Student Association Club (President)

2015-2016

CSUS Sculpture Club (President)

2013-2014

CRC Women in Stem Club, (Treasurer)

CRC SACNAS Club (President)

2010-2012

ARC Fine Arts Club, (President)

ARC SACNAS Club (President)

INSTALLATION EXHIBITIONS

2019

Entropy, Portals and Passages, MA Thesis Exhibition, University Library Gallery Annex, CSUS

2018

A Tasteless Liquid that Forms the Sea, Robert Else Gallery, CSUS

2017

ROOM, Robert Else Gallery, CSUS

2016

-I31B, Robert Else Gallery, CSUS

-Barmecidal Banquet: An Illusionary Feast of Dreams, CSUS Arboretum, Sacramento, CA

-Kairos: A Non-Linear View Through Altering Realities, R.W Witt Gallery, CSUS

-Secrets, R.W. Witt Gallery Show, CSUS

JURIED EXHIBITIONS

2017

-Journey of Hope, Elk Grove Fine Arts Center, Elk Grove, CA

-First Fest Sacramento Art Installation, Sacramento River Walk, Sacramento CA

-Patterns of Disorder Salon 3, The Red Museum, Sacramento, CA

2016

Journey of Hope, Elk Grove Fine Arts Center, Elk Grove, CA

2015

-Student Purchase Award Show, Union Gallery, CSUS

-Student Award Show, Robert Else Gallery, CSUS

2013

Fall Juried Student Art Show, ARC, Sacramento, CA

2012

UC Davis Student Show, ARC, Davis, CA, October

2011

Fall Juried Student Art Show, ARC, Sacramento, CA

2010

Cost of War, Sol Collective, Sacramento, CA,

LECTURES AND PANELS

2019

Guest Artist Speaker, Course Art7, CSUS

2017

-Guest Artist Speaker, SAVA High school, Sacramento, CA

-Speaker and Panelist, *Patterns of Disorder Salon 3*, The Red Museum, Sacramento, CA

2011, 2013

Speaker MESA Orientation, CRC, Sacramento, CA

COLLABORATIVE PROJECTS

2023

Tributary, LED Welcome Center Sculpture, California State University, Sacramento, CA

2018

#Poppy, Metal Sculpture, Ramona Traffic Roundabout, Power Inn Alliance and California State University, Sacramento, Department of Arts and Letters Partnership, Sacramento, CA

2017

Bubbles, Lasers and a Typewriter, Luna's, Sacramento, CA

2016

Hostage, U-Create, Beatnik Studio's, Sacramento, CA

PROJECTS/ MURALS

2025-In Progress

E. Claire Raley Studios for the Performing Arts, Mural Consultant, Sacramento, CA

2024

Sacramento City United School District, Suy:u Elementary Teaching Artist Murals, Sacramento, CA

2017-2024

Florin Historical Society, Old Florin Town Historical Mural, Sacramento, CA

2022

Fraternal Order Of The Eagles Aerie #9 Eagles Hall Mural, Sacramento, CA

2016

Mead Kibbey, Guest Artist and Demonstration, Project Organizer, Videographer, CSUS Sculpture Lab

PUBLICATIONS**2017**

Calaveras Station Journal, Photography, CSUS

ORGANIZATIONS**2020-Current**

Cloudland Art Collective, Community Based Art Organization (Founder), Sacramento, CA

ADDITIONAL SKILLS

Software: Maya (3D Modeling), DaVinci Resolve (Video Editing), Adobe Creative Cloud Suite (Photoshop, Premiere Pro, Illustrator, After Effects, InDesign, Animate, Lightroom), Sketchbook (Drawing Software), Audacity (Audio Editing)

Technical: 3D Printing, Laser Printing, Videography, Photography, LED DMX Lighting Programming, Arduino Software (IDE) Coding

Design & Fabrication: Welding, Structural Designs (Metal, Wood)

Web: Website Design